

Anti-Racism Knowledge Guides

Committing to the work of anti-racism in your own life is the start of a lifelong fight against oppression and journey towards justice. This is hard work; the abundant fruits of which you may not see in your lifetime. But you **will** see progress. These guides are intended to help guide you towards deeper study and change in your own life and micro environment (self, family, friends) and prepare you for direct action in the macro environment (systems, institutions, society at large).

BETTER INFORMATION. BETTER OUTCOMES.

HOW TO USE THESE GUIDES:

These guides are for people committed to an anti-racist lifestyle. Anyone can use these guides, but they are made specifically for people who may have little knowledge around issues of race, racism and its intersections, and race-based oppression in the United States. People with a deep interest in doing the personal work of unlearning, examining, and interrogating personal beliefs, ideas, and actions will find these guides most effective.

Start at the beginning. This series of guides should be used in order. You wouldn't watch a movie starting 37 minutes in, so please don't jump in to these in the middle. Even if you sign up for the list during the third month, go back and start with Volume I. These guides are intentionally curated following a linear path of learning that builds on itself each month.

You know you, so use your best judgment. That said, these guides are intended for independent study, so use your own best judgment on how you interact with them. They are not a syllabus or exhaustive resource, but simply a starting point to give you a generalist knowledge base and provide a foundation for digging deeper and building on that knowledge.

THESE GUIDES ARE PREPARED FROM THE BELIEFS THAT:

(1) In order to do better, you must have better information from which to develop your own opinions, judgments, and action plans;

(2) Change at the individual (micro) level is critical to enacting change at the institutional (mezzo) and systemic (macro) levels. Collective action first requires individual introspection and commitment to personal change; and

(3) Individual change should be informed by historical context, lived experience, and a greater understanding of theoretical and conceptual frameworks upon which interventions, advocacy campaigns, and other methods of change are based.

Each guide includes carefully curated resources based on a specific topic.



WATCH



LISTEN



SHORT
READ



LONG
READ



TAKE
ACTION

How We Got Here: Historical Perspectives

This month, we are exploring some historical context that can help us understand how we arrived at a place of such distressing racial tension in the United States. We will examine historical perspectives on the genesis of racist ideas, and consider how historical events have compounded fear, misunderstanding, and rage and see how that manifests in policies, laws, and practices throughout the United States.



WATCH

WHITE RAGE: THE UNSPOKEN TRUTH OF OUR NATION'S DIVIDE

Carol Anderson
Emory University Lecture April 13, 2018

Before you read *White Rage*, watch Carol Anderson discuss her book and her research during this Emory University lecture. She is a dynamic speaker and you'll be interested to expand on what you learn by reading the book.

[Watch Carol Anderson at Emory](#)



READ

WHITE RAGE: THE UNSPOKEN TRUTH OF OUR NATION'S DIVIDE

Carol Anderson

This book does an excellent job of connecting fascinating historical events to the racial dynamics we see at play in current day United States. It is a lot of information. A lot. But it is presented in a way that

[Buy the Book](#)
(Commoveo Affiliate Link)



BONUS CONTENT ON VOTING & VOTER SUPPRESSION

October and November are shaping up to be turning points in what we thought we knew about American democracy. Regardless of your partisan leanings and your political affiliation, a belief in a sound, fair, and free election system is a tenet of democracy. Watch these TED and TEDx talks on voting, not voting, and the forces at work to make sure some voices remain marginalized.

[No Such Thing As Not Voting](#)
[Why Ordinary People Need to Understand Power](#)
[Revive Your Belief In Democracy](#)
[Fighting Voter Suppression](#)



TAKE ACTION Hi, Vote.

DEEP DIVE READ

If you want to dive DEEP into an examination of the history of racist ideas and the corresponding oppressive systems, read [Stamped From The Beginning by Ibram X. Kendi](#). It's a doozie at over 500 solid pages of information, so if you can find the audiobook at your library - even better.